






Enfermería Clínica

Volume 28, Supplement 1, February–June 2018, Pages 158–161

Pain-management strategies among hospitalized trauma patients: a preliminary study in a teaching hospital in Indonesia

Deya Prastika , Luppana Kitrungrrote, Jintana DamkliangShow more  Outline |  Share  Cite[https://doi.org/10.1016/S1130-8621\(18\)30058-5](https://doi.org/10.1016/S1130-8621(18)30058-5)

Get rights and content

Abstract

The incidence of trauma has been high and is considered to have increased throughout the years. This study aimed to describe the pain intensity and pain-management strategies of hospitalized trauma patients. Ninety-five adults presenting trauma with full consciousness, and who were admitted to surgical wards were recruited. Outcomes were assessed in a 3-day follow-up of pain and pain management from January to February 2016 by using questionnaires for interviews. Data were analyzed using descriptive statistics and repeated measures ANOVA. Preliminary research found that hospitalized trauma patients perceived mild to severe pain intensity. The trend of pain at its worst, pain at its least, average pain, and current pain decreased from Day 1 to day 3, which were statistically and significantly different ($p < .001$). The pain management often used by patients were: praying (84.2%), slow and deep breathing (78.9%), and at an attempt at toleration (46.3%). The least frequent method of pain management included immediately informing nurses about the pain (15.8%), reading (15.8%), and changing position (17.9%). Besides the pharmacological and nonpharmacological interventions received from physicians and nurses, strategies were crucial to alleviating pain in hospitalized trauma patients related to cultural context.



Previous

Next



Keywords

Pain; Pain management; Trauma

[Special issue articles](#)

[Recommended articles](#)

[Citing articles \(1\)](#)

[View full text](#)

Copyright © 2018 Elsevier España, S.L.U. All rights reserved.



[About ScienceDirect](#)

[Remote access](#)

[Shopping cart](#)

[Advertise](#)

[Contact and support](#)

[Terms and conditions](#)

[Privacy policy](#)

We use cookies to help provide and enhance our service and tailor content and ads. By continuing you agree to the **use of cookies**.

Copyright © 2021 Elsevier B.V. or its licensors or contributors. ScienceDirect® is a registered trademark of Elsevier B.V.

ScienceDirect® is a registered trademark of Elsevier B.V.

