

Faculty of Nursing, Prince of Songkla University  
Course Syllabus

**Section 1: General Description**

1. Code and Course Title: (642-511) Eastern Philosophy and Nursing Theories
2. Credit: 2(2-0-2) Lecture/Discussion/Presentation 30 hours
3. Program Master of Nursing Science (International Program) (section 03)
4. Course Coordinator Assist. Prof. Dr. Wantanee Wiroonpanich  
Coordinator Assistant Assoc. Prof. Dr. Waraporn Kongsuwan
5. Semester/ Year/ Academic Year 1/1/2019
6. Classroom Room 3307, 3rd Building

**Section 2: Course Objectives**

1. Course Objectives

After completion of this course, students are able to:

- 1.1 Describe the relationship between eastern philosophy and eastern wisdom related to holistic health care
- 1.2 Describe the development of nursing knowledge
- 1.3 Describe concepts, nursing theories, and theories related to nursing
- 1.4 Analyze nursing theories and theories related to eastern wisdom and their implication to holistic nursing care

2. Objectives of a Course Revision

Students are able to understand about Eastern philosophy and eastern wisdom including holistic concepts in caring health properly, and also able to describe the development of nursing knowledge, nursing theories, theories related to nursing, including integration and application of those concepts and theories related to nursing to holistic nursing care properly

**Section 3: Course Description and Design**

1. Course Description

Eastern philosophy and eastern wisdom in holistic health care; nursing theory, related concept and theories; including the concept of sufficiency economic philosophy and multicultural nursing

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## 2. Number of Hours per Semester

Lecture/Discussion	Lab	Self-study	Field Practice	Tutorial
30	-	60	-	-

## 3. Number of Hours per Week for Consultation

## 3.1 Hours assigned for individual consultation

	Week	Date	Hour
Asst Prof. Dr. Wantanee Wiroonpanich	1-4	Tuesday	12.00-13.00
Assoc Prof. Dr. Waraporn Kongsuwan	5-8	Monday	12.00-13.00

## 3.2 Hours assigned for group consultation/discussion at LMS@PSU 1 hour/week

Name	e-mail address	Office No
Asst Prof Dr. Wantanee Wiroonpanich	wantanee.w@psu.ac.th	2328
Assoc Prof. Dr. Waraporn Kongsuwan	waraporn.k@psu.ac.th	2206

3.3 Advisor and meeting hour for theory analysis is assigned following allocated in the schedule or outside the schedule by appointments.

Name	Theory consultant	e-mail address	Office No
Assoc. Prof. Dr. Waraporn	Caring: Technological competency as caring in nursing,	waraporn.k@psu.ac.th	6404
Asst Prof Dr. Charuwan	Roy Adaptation Model	charuwan.kr@psu.ac.th	6554

## Section 4: Learning Outcomes

## 1. Morality and Ethics\*

Possess ethic behaviors in responsibility for self in term of analyzing and reporting the result of findings.\*

## 2. Knowledge\*

2.1 have knowledge regarding nursing science, eastern philosophy and related knowledge to guild holistic nursing.\*

2.2 Apply knowledge related to multicultural to guild holistic nursing\*

## 3. Cognitive Skills

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3.1 Analyze and synthesize knowledge from nursing sciences and other science related to nursing to improve the quality of nursing\*

3.2 Integrate knowledge of nursing theories, concepts, eastern wisdom, other related sciences and evidence base to provide a holistic nursing care\*

#### 4. Interpersonal Skills and Responsibility

Be responsible in learning and also continuously updating self, professional, and social by concerning the benefit of mankind and multicultural\*

#### 5. Numerical Analysis, Communication and Information Technology Skills

Demonstrate ability to use informatics technologies in self-learning and communicating via channels effectively\*

**Note** \* indicate the major responsibility of the course as pre-specified in the curriculum mapping

### Section 5: Course Plan and Evaluation

#### 5.1 Course Plan (Schedule)

Date (Week)	Time (Duration)	Topic	Teaching- Learning Methods	Lecturer
Sep 2, 19 (1)	1-1.30 pm (.50 hr)	- Course Orientation	Discussion	Dr. Wantanee/ Dr. Waraporn
	1.30-3 pm (1.5 hrs)	<b>Unit 1</b> Eastern philosophy, eastern wisdom and implication in nursing	Discussion	Dr. Urai
	3-5 pm (2 hrs)	- Overview of Holistic Health and Complementary and Alternative Medicine	Discussion Assignment	Dr. Urai
Sep 9, 19 (2)	1-2 pm (1 hr)	- First meeting with the assigned advisor (Technological competency as caring in nursing, Roy)	Discussion	Dr. Charuwan/ Dr. Waraporn

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Date (Week)	Time (Duration)	Topic	Teaching- Learning Methods	Lecturer
	2-4 pm (2 hr)	<b>Unit 2</b> Philosophy of Nursing Theory and The Development of nursing knowledge, nursing theories, and theories related to nursing 1. Philosophy of Nursing 2. Nursing Theory and Nursing Development 2.1 Overview of Nursing theory 2.2 Evolution of Nursing Theory (Historical development and approaches to nursing theory) 2.3 The influence of theory from other disciplines History and theory used in Nursing	Discussion	Dr. Umaporn
	4-5 pm (1 hr)	2.4 The structure of knowledge in discipline in Nursing - Three paradigms in nursing Inquiries - Levels of Nursing theory	Discussion	Dr. Wantanee
Sep 16, 19 (3)	1-2 pm (1 hr)	2.5 Components of Nursing Theory - Basic structure of nursing theory (Basic assumptions, concept & definitions, model, propositions/ theoretical assertions, relational statement	Discussion	Dr. Wantanee
	2-3 pm (1 hr)	2.6 Evaluation of Nursing theory - Guideline for analysis of nursing Theory	Discussion	Dr. Wantanee
	3-4 pm (1 hr)	2.7 Nursing theory and Nursing Practice and Nursing Research	Discussion	Dr. Wantanee
Sep 20, 19 (4)	1-3 pm (2 hrs)	3. Lazarus's Transition Model of stress, appraisal, and coping 4. Selye's Stress Theory	Discussion Assignment	Dr. Wandee

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Date (Week)	Time (Duration)	Topic	Teaching- Learning Methods	Lecturer
	3-4 pm (1 hr)	5. Philosophy of the Sufficiency Economy	Discussion	Dr. Wantanee
	4-5 pm (1 hr)	- Second meeting with the assigned advisor (Technological competency as caring in nursing, Roy)	Discussion	Dr. Waraporn/ Dr. Charuwan
Sep 23, 19 (5)	1-2 pm (1 hr)	<b>Unit 3</b> Application of nursing theories and theories related to eastern wisdom 3.1 Application of nursing theories and theories related to eastern wisdom to holistic nursing care	Discussion	Dr. Umaporn
	2-3.30 pm (1.5 hrs)	<b>Unit 4</b> Analysis of selected nursing theories/ theories related to eastern wisdom 4.1 Leininger's Transcultural Grand Theory	Discussion Assignment	Dr. Umaporn
	3.30-5.30 pm (2 hrs)	<b>4.4 Orem's Self-Care Theory</b>	Discussion	Dr. Sang-arun
Sep 27, 19 (6)	1-3 pm (2 hrs)	4.3 Roy Adaptation Model	Presentation Discussion and Reflection	Dr. Charuwan
	3-5 pm (2 hrs)	4.2 Caring : Technological competency as caring in nursing	Presentation Discussion and Reflection	Dr. Waraporn
Oct 3, 19 (7)	8-10 am (2 hrs)	4.5 Thai Traditional Medicine	Discussion Assignment	Dr. Urai
	10-12 am (2 hrs)	4.6 Buddhism	Discussion Assignment	Dr. Urai
	1-3 pm (2 hrs)	4.7 Islam	Discussion Assignment	Dr. Urai

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Date (Week)	Time (Duration)	Topic	Teaching-Learning Methods	Lecturer
	3-3.30 pm (.50 hr)	- Course Evaluation	Discussion	Dr. Wantanee/ Dr. Waraporn
Oct 11, 19 (8)	- Submit - written report of theory implication - written report of reflection of theory implication			Dr. Charuwan/ Dr. Waraporn

## 5.2 Evaluation Plan of the Learning Outcomes

Learning Outcomes	Methods of Evaluation	Week	Weight
1.3	- Observing general behavior expression in class (such as punctuality, participate in class, meeting with advisor on time as appointment, and honest)	wk 1-7	5%
	- Classroom participation	wk 1-7	5%
2.1, 2.4, 3.1, 3.2, 4.3	- Written report of theory implication (2-3 student/1 report)	wk 8	30%
	- Oral presentation of theory implication (2-3 student/1 presentation)	wk 6	15%
	- Assignments (6 Assignments, individual)	wk 1, 4, 5, 7,	30% (5%/ 1 Assignment)
	- written report of reflection of theory implication	wk 8	10%
5.3	- Group working (scored by friends)	wk 2-7	5%

**Note:** Any incoming doubts or queries about the course evaluation and grading will be welcome, please email or contact a course coordinator with this semester or one semester following of this semester.

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## Section 6: Learning Resources

### 6.1 Required Textbooks/ Books

#### 6.1.1 Eastern philosophy/Eastern wisdom

Alligood, M. R. (2014). *Nursing theory*. (5 th ed.). St. Louis: Elsevier Mosby.

Dossey, B. M., Keegan, L. & Guzzetta, C. E. (2013). *Holistic nursing: A handbook for practice* (6th ed.). Burlington: Jones & Bartlett.

Leininger, M.M. & Mc Farland. M. R. (2006). *Cultural care diversity & universality: A worldwide nursing theory*. Canada: Jones & Bartlett.

Marilyn, R. M. & Hiba, B. W. (2015). *Leininger's culture care diversity and universality: A worldwide nursing theory*. (3th ed.). Burlington, Massachusetts: Jones & Bartlett Learning.

Mary, de C., & Barbara, A. A. (2016). *Caring for the vulnerable: Perspectives in nursing theory, practice, and research*. (4th ed.). Sudbury, Massachusetts: Jones and Bartlett.

Payutto, P. (1995). *Buddhadhamma: Natural laws and values of life*. (Translated by Olson, G.A.). New York: State University of New York Press.

Suntree, S. (2000). *Wisdom of the east: Stories of compassion, inspiration, and love*. Chicago, IL: Contemporary Books.

#### 6.1.2 Theories related to nursing

Lazarus, R. S., & Folkman, S. (1984). *Stress, appraisal, and coping*. New York: Springer.

Selye, H. (1956). *The stress of life*. London: McGraw-Hill Book.

#### 6.1.3 Nursing Theories

Locsin, R. C., & Kongsuwan, W. (2018). *The evolution of the theory of technological competency as caring in nursing: A middle-range theory of nursing*. Thailand, Songkhla: Chanmuang.

Fawcett, J. (2000). *Analysis and evaluation of contemporary nursing knowledge: nursing models and theories*. Philadelphia, PA: F.A. Davis.

Meleis, A. I. (1997). *Theoretical nursing: Development and progress*. Philadelphia,

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PA: J. B. Lippincott.

Orem, D. E. (1995). *Nursing: Concept of practice* (4th ed.). St. Louis, MO: Mosby-Year Book.

Roy, C., & Andrews, H. A. (1999). *The Roy Adaptation Model*. Norwalk, CT: Appleton & Lange.

6.2.2 Journal

6.2.3 Electronic databases or websites

### Special note

A guideline for writing an analysis report

1. A paper includes

1.1 Introduction

1.2 Content consists of

1.2.1 Analysis of a selected population

1.2.2 Analysis of health situation and problems of the selected population

1.2.3 Identification and analysis of concepts in a selected philosophy you choose to solve the health problems or improve the care for the selected population

1.2.4 Description of appropriateness of a philosophy/ theory of your interest and the implementation of the philosophy/ theory in caring for the selected population, for example; how Islamic philosophy fits with caring for dying Muslim patients hospitalized in the hospital. Research evidence related to the implementation of the concepts in the theory should be provided.

1.3 Summary

2. The paper is written in a format according to the Report Writing Manual of Faculty of Nursing, Prince of Songkla University.

3. The paper shall not be longer than 15 pages excluding cover page, table of content, references and etc.

4. The report is submitted to the course-coordinator one week after the presentation.

5. Students are expected to meet the lecturer at the time allocated in the schedule or outside the schedule by appointments.

### Assignment

Assignment will be assigned later by Dr Wandee, Dr. Urai, and Dr. Umaporn.

Charunnan Kulpwacha

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### The regulations of giving graduate students feedback

According to the consensus of the graduate committee in the meeting 2/2017 on February 6, 2017, Faculty of Nursing, the regulations of giving graduate students feedback about their assignments/paper are as follows;

1. The lecturers must give feedback within 1 -2 weeks after students have submitted their assignments/paper.
2. The students must submit the last assignments/paper before due date, so that they can be read and reviewed before giving feedback. The students will get feedback after their presentation of the final assignments/paper in class.

#### Consequences of Academic Misconduct (Plagiarism)

The report paper will be checked the similarities of contents using Turnitin program. Course coordinators have a practice guideline for the students' academic misconduct (plagiarism) or unethical academic working according to the consensus of the graduate committees, Faculty of Nursing at the meeting 10/2012 on October 11, 2012 as in the following:

1. Be warned for misconducting in the first time

When the reader reviews a student's submitted paper draft and sees plagiarism, the student will be warned.

2. Reduce score 20% for misconducting in the second time and receive grade "B"

When the reader reviews the submitted final paper and sees plagiarism, score of the paper will be reduced 20%. Furthermore, the student must revise the paper. If the reader does not see plagiarism of the first revised paper, then the student will receive grade B.

3. Reduce score 40% for misconducting in the third time and receive grade "C"

If the reader sees plagiarism of the first revised paper, score of this paper will be reduced 40%. In addition, the student must revise the paper again and if the reader does not see plagiarism of the second revised paper, then the student will receive grade C.

4. Receive "F" (Fail) for misconducting in the fourth time

If the reader sees plagiarism of the second revised paper, the student will receive "F" for the course.

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*August 29, 2019*