

## Course Specification

Name of Institution: Prince of Songkla University

Department/Faculty/Campus: Faculty of Nursing, Hat Yai Campus

### Section 1: General Description

1. Code and Course Title: (642-511) Eastern Philosophy and Nursing Theories
2. Credit: 2(2-0-2) Lecture/Discussion/Presentation 30 hours
3. Program and course categories

Master of Nursing Science (International Program) (section 03)

Type of course

- Compulsory Course
- Area of Concentration Course
- Free Elective Course

4. Course Coordinator and Lecturers

Course Coordinators

1. Assist. Prof. Dr. Wantanee Wiroonpanich
2. Assoc. Prof. Dr. Waraporn Kongsuwan

Lecturers

1. Assoc. Prof. Dr. Waraporn Kongsuwan
2. Assist. Prof. Dr. Wantanee Wiroonpanich
3. Assist. Prof. Dr. Umaporn Boonyasopun
4. Assist. Prof. Dr. Charuwan Kritpracha
5. Assist. Prof. Dr. Sang-Arun Isaramalai
6. Assist. Prof. Dr. Tippamas Chinnawong
7. Dr. Shutiwon Purinthrapibal
8. Dr. Weena Chanchong

5. Semester/ Year/ Academic Year 1/1/2020

6. Pre-requisite Subject

None

7. Co-requisites

None

8. Location

Room 3201, 3rd Building Faculty of Nursing, Prince of Songkla University, Hat Yai Campus

9. Last updated of the course details: 12 May, 2020

## Section 2: Section 2: Purposes of the course

### 1. Purposes of the course

The main objective of this course is for students have knowledge and understanding and be able to analyze nursing, related theories, and eastern wisdom in providing holistic nursing care. Sub objectives are: Students can:

- 1.1 Describe eastern philosophy and eastern wisdom related to holistic nursing care
- 1.2 Describe the development of nursing knowledge
- 1.3 Describe concepts, nursing theories, and theories related to nursing
- 1.4 Analyze nursing theories and theories related to eastern wisdom and their implications for holistic nursing care

### 2. Objectives of a Course Revision

The revision of the curriculum was to ensure it is in line with the revised Curriculum Academic Year and in accordance with criteria set by the Thai Qualifications Framework for Higher Education

## Section 3: Description and Implementation

### 1. Course Description

Eastern philosophy and eastern wisdom in holistic health care; nursing theory, related concept and theories; including the concept of sufficiency economic philosophy and multicultural nursing

### 2. Number of Hours per Semester

Lecture/Discussion	Lab	Self-study	Field Practice	Tutorial
30	-	60	-	-

### 3. Number of Hours per Week for Consultation

- 3.1 Number of hours per week for academic guidance to individual students
- 3.2 Hours assigned for group consultation/discussion via email/ LMS@PSU 1 hour/week

Name	Date/Hour/Week	e-mail address	Office No	Time
Asst Prof Dr. Wantanee Wiroonpanich	Tuesday Week 1-4	wantanee.w@psu.ac.th	2328	4-6 p.m.
Assoc Prof. Dr. waraporn kongsuwan	Tuesday Week 5-8	waraporn.k@psu.ac.th	2206	4-6 p.m.

3.3 Advisor and meeting hour for theory analysis is assigned following allocated in the schedule or outside the schedule by appointments.

Name	Theory consultant	e-mail address	Office No
Dr. Umaporn	Leininger's Transcultural Grand Theory	umaporn.b@psu.ac.th	6577
Dr. Waraporn	Caring: Technological competency as caring in nursing,	waraporn.k@psu.ac.th	2206
Dr. Charuwan	Roy Adaptation Model	charuwan.kr@pau.ac.th	6554

#### Section 4: Learning Outcomes

##### 1. Morality and Ethics

Morals and Ethics that need to be developed	Teaching Methods	Evaluation
1.3 Possess ethical behaviors following ethical standards of conducting research and academic work	<ol style="list-style-type: none"> <li>1. Teaching by integrating the content of Morality and Ethics, professional ethics, controversy of morality, plagiarism, and respect the intellectual property of others</li> <li>2. Set and describe the penalty including preventive measures and solutions when unethical behaviors occur such as in report</li> <li>3. Assign student to check report copy (plagiarism) by turn it in program before submit paper</li> <li>4. Teachers act as a role</li> </ol>	<ol style="list-style-type: none"> <li>1. Observing general behavior expression and in participation online via Webex Meetings/ LMS2@psu</li> <li>2. Evaluate report copy (plagiarism) from written report</li> </ol>

Morals and Ethics that need to be developed	Teaching Methods	Evaluation
	model for students in term of Ethical behavioral model in and out of class	

## 2. Knowledge

Knowledge that needs to be obtained	Teaching methods	Evaluation
2.1 Have knowledge regarding nursing science, eastern philosophy and related knowledge to guild holistic nursing 2.4 Apply knowledge related to multicultural to guide holistic nursing	1. Discussion each topic via online Webex Meetings 2. Assign student to self-study PPT via LMS2@psu 3. Discussion by integrating research results, evidence base, and integrate eastern wisdom into holistic nursing care	1. Discussion via online Webex Meetings 2. Written report of theory implications 3. Oral presentation of theory implications 4. Written report of reflection of theory implications 5. Participation via online Webex Meetings/ LMS2@psu

## 3. Cognitive Skills

Intellectual skills that need to be developed	Teaching Methods	Evaluation
3.1 Analyze and synthesize knowledge from nursing sciences and other sciences related to nursing to improve the quality of nursing 3.2 Integrate knowledge of nursing theories, concepts, eastern wisdom, other related sciences and evidence base to provide holistic nursing care	1. Assign student to write report of selected theory analysis by integrating research report, evidence based, and modifying eastern philosophy to provide holistic nursing care (group work) 2. Assign group advisor to suggest student in studying selected theory analysis 3. Oral presentation of theory analysis and implication (individual work) 4. Reflection of nursing concept, philosophy and nursing theory, by modifying nursing science, related	1. Written report of theory implications 2. Presentation theory implications 3. Written report of reflection of theory implications

Intellectual skills that need to be developed	Teaching Methods	Evaluation
	theories and eastern wisdom in accordance with multicultural (individual work)	

## 4. Interpersonal Skills and Responsibility

Interpersonal skills and responsibilities that need to be developed	Teaching Methods	Evaluation
4.3 Be responsible in learning and also continuously update self, profession, and society through concern for the benefit of mankind and a multicultural setting.	<ol style="list-style-type: none"> <li>1. Assign to build a working group in analyzing a selected nursing theory</li> <li>2. Assign group advisor in analyzing a selected nursing theory</li> </ol>	The process of self-learning by advisor

## 5. Numerical Analysis, Communication and Information Technology Skills

Numerical, analytical, communication and information technology skills need to be developed	Teaching Methods	Evaluation
5.3 Use up-to-date information technology in self-learning in communicating informatics and the results of the study to academics and the public via channels, as well as academic and professional publications with standards	<ol style="list-style-type: none"> <li>1. Assign student to self-study via information technology and information systems such as LMS@PSU or other systems to communicate between lecturer and students</li> <li>2. Assign to search and study both Thai and English academic work</li> <li>3. Assign to oral presentation of the report by using communication and listening skills</li> </ol>	<ol style="list-style-type: none"> <li>1. Written report of theory implications</li> <li>2. Assignment</li> <li>3. Oral presentation of theory implications</li> </ol>

## Section 5: Teaching and Evaluation Plan

## 5.1 Course Plan (Schedule)

Date (week)	Time (No of hour)	Topic	Learning Activities	Lecturer
July 13, 2020 (1)	12.30-13 p.m. (.50 hr)	-Course Orientation	Discussion via Webex Meetings/ ZOOM	Dr. Wantanee/ Dr. Waraporn
	13-15 p.m. (2 hrs)	<b>Unit 1</b> Eastern philosophy, eastern wisdom and implication in nursing 1.1 Overview of Eastern philosophy and eastern wisdom  1.2 Overview of Holistic Health and Complementary and Alternative Medicine	Discussion via Webex Meetings/ ZOOM / LMS@psu	Dr. Tippamas
	15-17 p.m. (2 hrs)	1.3 Philosophy of the Sufficiency Economy	Discussion via Webex Meetings /ZOOM / LMS@psu	Dr. Wantanee
July 20, 2020 (2)	13-15 p.m. (2 hrs)	1.4 Buddhism	Discussion via Webex Meetings/ ZOOM / LMS@psu	Dr. Tippamas
	15-17 p.m. (2 hrs)	1.5 Thai Traditional Medicine	Discussion via Webex Meetings/ ZOOM / LMS@psu	Dr. Tippamas
July 27, 2020 (3)	13-15 p.m. (2 hrs)	1.6 Islam	Discussion via Webex Meetings / ZOOM / LMS@psu	Dr. Shutivan
	15-16 p.m. (1 hr)	- First meeting with the assigned advisor (Leininger's Transcultural; Caring: Technological competency as caring in nursing, Roy)	Discussion with assigned advisor via Webex Meetings, Line, ZOOM, Skype, e- mail / LMS@psu	Dr. Umaporn / Dr. Waraporn/ Dr. Charuwan

Date (week)	Time (No of hour)	Topic	Learning Activities	Lecturer
August 3, 2020 (4)	13-15 p.m. (2 hrs)	<b>Unit 2</b> Philosophy of Nursing Theory and The Development of nursing knowledge, nursing theories, and theories related to nursing 2.1 Philosophy of Nursing 2.2 Nursing Theory and Nursing Development - Overview of Nursing theory - Evolution of Nursing Theory (Historical development and approaches to nursing theory) - The influence of theory from other disciplines History and theory used in Nursing	Discussion via Webex Meetings/ ZOOM / LMS@psu	Dr. Sang-Arun
	15-17 p.m. (2 hrs)	2.3 The structure of knowledge in discipline in Nursing - Three paradigms in nursing Inquiries - Levels of Nursing theory	Discussion via Webex Meetings/ ZOOM / LMS@psu	Dr. Sang-Arun
August 10, 2020 (5)	13-15 p.m. (2 hrs)	2.4 Components of Nursing Theory - Basic structure of nursing theory (Basic assumptions, concept & definitions, model, propositions/ theoretical assertions, relational statement	Discussion via Webex Meetings/ ZOOM / LMS@psu	Dr. Sang-Arun

Date (week)	Time (No of hour)	Topic	Learning Activities	Lecturer
	15-17 p.m. (2 hrs)	2.5 Lazarus's Transition Model of stress, appraisal, and coping 2.6 Selye's Stress Theory	Discussion via Webex Meetings/ ZOOM / LMS@psu	Dr. Weena
August 17, 2020 (6)	13-15 p.m. (2 hrs)	2.7 Analysis and Evaluation of Nursing theory - Guideline for analysis of nursing Theory 2.8 Application of nursing theories and theories related to eastern wisdom to nursing practice and Nursing Research	Discussion via Webex Meetings/ ZOOM / LMS@psu	Dr. Sang-Arun
	15-16 p.m. (1 hr)	<b>Unit 3</b> Analysis of selected nursing theories/ theories related to eastern wisdom - Second meeting with the assigned advisor (Leininger's Transcultural; Caring: Technological competency as caring in nursing; Roy)	Discussion with assigned advisor via Webex Meetings, Line, ZOOM, Skype, e-mail / LMS@psu	Dr. Umaporn/ Dr. Waraporn / Dr. Charuwan
August 24, 2020 (7)	13-14 p.m. (1 hr)	3.1 Orem's Self-Care Theory: Example of theory analysis and application	Presentation & Discussion by teacher via Webex Meetings / ZOOM / LMS@psu	Dr. Sang-Arun
	14-16 p.m. (2 hrs)	3.2 Roy Adaptation Model	Presentation & Discussion by student via Webex Meetings & Reflection via LMS2@psu	Dr. Charuwan



Date (week)	Time (No of hour)	Topic	Learning Activities	Lecturer
August 31, 2020 (8)	13-15 p.m. (2 hrs)	3.3 Leininger's Transcultural Grand Theory	Presentation & Discussion by student via Webex Meetings & Reflection via LMS2@psu	Dr. Umaporn
	15-17 p.m. (2 hrs)	3.4 Caring: Technological competency as caring in nursing	Presentation & Discussion by student via Webex Meetings & Reflection via LMS2@psu	Dr. Waraporn
	17-17.30 p.m. (.50 hr)	- Course Evaluation	Discussion via Webex Meetings / ZOOM	Dr. Wantanee/ Dr. Waraporn
	<ul style="list-style-type: none"> <li>- Submit paper via LMS2@psu</li> <li>- written report of theory implication</li> <li>- written report of reflection of theory implication</li> </ul>			Dr. Umaporn / Dr. Charuwan/ Dr. Waraporn

## 5.2 Evaluation Plan of the Learning Outcomes

Learning outcome	Methods of Evaluation	Week	Weight
1.3, 2.1, 2.4, 5.3	- Class participation via LMS@psu Unit 1 (25%)	Wk 1-3	5%
	- Topic 1.1-1.2		
	- Topic 1.3		
	- Topic 1.4		
	- Topic 1.5		
	- Topic 1.6		
	Unit 2 (25%)	Wk 3-5	5%
- Topic 2.1,2.2			
- Topic 2.3			
- Topic 2.4		5%	

Learning outcome	Methods of Evaluation	Week	Weight
	- Topic 2.5, 2.6 - Topic 2.7, 2.8		5% 5%
1.3, 2.1, 2.4, 3.1, 3.2, 5.3	- written report of Analysis of selected nursing theories/ theories related to eastern (2-3 student/1 report)	Wk 8	25%
	- Oral presentation of Analysis of selected nursing theories/ theories related to eastern (Individual)	Wk 7, 8	15%
	- written report of reflection of Analysis of selected nursing theories/ theories related to eastern (Individual)	Wk 7, 8	5%
4.3	Self-study process by the assigned advisor	Wk 5,6	5%

## Section 6: Learning Resources

### 6.1 Required Textbooks/ Books

#### 6.1.1 Eastern philosophy/Eastern wisdom

Alligood, M. R. (2014). *Nursing theory*. (5 th ed.). St. Louis: Elsevier Mosby.

Dossey, B. M., Keegan, L. & Guzzetta, C. E. (2013). *Holistic nursing: A handbook for practice* (6th ed.). Burlington: Jones & Bartlett.

Leininger, M.M. & Mc Farland. M. R. (2006). *Cultural care diversity & universality: A worldwide nursing theory*. Canada: Jones & Bartlett.

Marilyn, R. M. & Hiba, B. W. (2015). *Leininger's culture care diversity and universality: A worldwide nursing theory*. (3th ed.). Burlington, Massachusetts: Jones & Bartlett Learning.

Mary, de C., & Barbara, A. A. (2016). *Caring for the vulnerable: Perspectives in nursing theory, practice, and research*. (4th ed.). Sudbury, Massachusetts: Jones and Bartlett.

Payutto, P. (1995). *Buddhadhamma: Natural laws and values of life*. (Translated by Olson, G.A.). New York: State University of New York Press.

Suntree, S. (2000). *Wisdom of the east: Stories of compassion, inspiration, and love*. Chicago, IL: Contemporary Books.

#### 6.1.2 Theories related to nursing

Lazarus, R. S., & Folkman, S. (1984). *Stress, appraisal, and coping*. New York: Springer.

Selye, H. (1956). *The stress of life*. London: McGraw-Hill Book.

#### 6.1.3 Nursing Theories

Locsin, R. C., & Kongsuwan, W. (2018). *The evolution of the theory of technological competency as caring in nursing: A middle-range theory of nursing*. Thailand, Songkhla: Chanmuang.

Fawcett, J. (2000). *Analysis and evaluation of contemporary nursing knowledge: nursing models and theories*. Philadelphia, PA: F.A. Davis.

Meleis, A. I. (1997). *Theoretical nursing: Development and progress*. Philadelphia, PA: J. B. Lippincott.

Orem, D. E. (1995). *Nursing: Concept of practice* (4th ed.). St. Louis, MO: Mosby-Year Book.

Roy, C., & Andrews, H. A. (1999). *The Roy adaptation model*. Norwalk, CT: Appleton & Lange.

#### 6.2.2 Journal

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#### 6.2.3 Electronic databases or websites

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### **Special note** A guideline for writing an analysis report

1. You must self-study topic outline, PPT, and material before attending class. Lecturers will hang on these materials as a guideline for you to study in advance via LMS@PSU.

2. All lectures will be discussed online via Webex Meetings/ ZOOM. You can joint lecture via Webex Meetings/ ZOOM or sit in classroom (Room 3201, 3rd Building, Faculty of Nursing). You must join the discussion in every topic. Particularly, you must participate in the discussion in the topic of analysis of selected nursing theories which is set up date and time in the schedule.

3. In analyzing of selected nursing theory. First, you have to work with friends as a group (2-3 persons/ group), select one theory (Topic 3.2 or 3.3 or 3.4), and then work together to analyze theory under advisor (Advisor is already assigned in each selected theory in schedule). Students are expected to meet advisor at the time allocated in the schedule or outside the schedule by appointments. For analyzing of selected theory, you need to do 2 activities:

3.1 Write a report of selected theory analysis (group work). The paper is written in a format according to the Report Writing Manual of Faculty of Nursing, Prince of Songkla University. The paper shall not be longer than 15 pages excluding cover page, table of content, references and etc. The report is submitted to the course-coordinator one week after the presentation (September 7). A report consist of:

3.1.1 Introduction

3.1.2 Content: Content consist of Philosophy of selected theory, theorist, history and the development of theory, the structure and components of the theory, and the evaluation of the theory. For evaluation, there are ways to analyze and evaluate theory. Dr. Sang-Arun will teach you how to analyze theory in the topic of “Analysis and Evaluation of Nursing theory: Guideline for analysis of nursing” You can follow how to analyze from her teaching.

3.1.3 Summary

3.2 Oral presentation of theory analysis and implication (individual work): After analyzing selected theory, you must work individually as following:

3.2.1 Analysis of a selected population

3.2.2 Analysis of health situation and problems of the selected population

3.2.3 Identification and analysis of concepts in a selected philosophy you choose to solve the health problems or improve the care for the selected population

3.2.4 Description of appropriateness of a philosophy/ theory of your interest and the implementation of the philosophy/ theory in caring for the selected population, for example; how Islamic philosophy fits with caring for dying Muslim patients hospitalized in the hospital. Research evidence related to the implementation of the concepts in the theory should be provided.

3.2.3 Summary

3.2.4 presentation 30 minute and discussion 30 minute

4. For reflection: Student must write a reflection what you learnt from your friend's presentation (Individual work).

5. Discussion in class: Students must joint the discussion in class in every topic. Teacher may assign students to discuss some issues related to the topic and write it to them. You must submit paper to the teacher (individual work).

### **The regulations of giving feedback to graduate students**

According to the consensus of the graduate committee in the meeting 2/2017 on February 6, 2017, Faculty of Nursing, the regulations of giving graduate students feedback about their assignments/paper are as follows;

1. The lecturers must give feedback within 1-2 weeks after students have submitted their assignments/paper.
2. The students must submit the last assignments/paper before due date, so that the lecturers can be read and reviewed before giving feedback. The students will get feedback after their presentation of the final assignments/paper in classroom.

### **Consequences of Academic Misconduct (Plagiarism)**

The report paper will be checked the similarities of contents using Turnitin program. Course coordinators have a practice guideline for the students' academic misconduct (plagiarism) or unethical academic working according to the consensus of the graduate committees, Faculty of Nursing at the meeting 10/2012 on October 11, 2012 as in the following:

1. Be warned for misconducting in the first time When the reader reviews a student's submitted paper draft and sees plagiarism, the student will be warned.
2. Reduce score 20% for misconducting in the second time and receive grade "B" When the reader reviews the submitted final paper and sees plagiarism, score of the paper will be reduced 20%. Furthermore, the student must revise the paper. If the reader does not see plagiarism of the first revised paper, then the student will receive grade B.
3. Reduce score 40% for misconducting in the third time and receive grade "C" If the reader sees plagiarism of the first revised paper, score of this paper will be reduced 40%. In addition, the student must revise the paper again and if the reader does not see plagiarism of the second revised paper, then the student will receive grade C.
4. Receive "F" (Fail) for misconducting in the fourth time If the reader sees plagiarism of the second revised paper, the student will receive "F" for the course.