

Faculty of Nursing, Prince of Songkla University  
Course Syllabus

**Section 1: General Description**

1. Code and Course Title: (642-511) Eastern Philosophy and Nursing Theories
2. Credit: 2(2-0-2) Lecture/Discussion/Presentation 30 hours
3. Program Master of Nursing Science (International Program) (section 03)
4. Course Coordinator Assist. Prof. Dr. Wantanee Wiroonpanich  
Coordinator Assistant Assist. Prof. Dr. Prapaporn Chukumnerd
5. Semester/ Year/ Academic Year 1/1/2017
6. Classroom Room 3201, 3rd Building

**Section 2: Course Objectives**

1. Course Objectives

After completion of this course, students are able to:

- 1.1 Describe the relationship between eastern philosophy and eastern wisdom related to holistic health care
- 1.2 Describe the development of nursing knowledge
- 1.3 Describe concepts, nursing theories, and theories related to nursing
- 1.4 Analyze nursing theories and theories related to eastern wisdom and their implication to holistic nursing care

2. Objectives of a Course Revision

Students are able to understand about Eastern philosophy and eastern wisdom including holistic concepts in caring health properly, and also able to describe the development of nursing knowledge, nursing theories, theories related to nursing, including integration and application of those concepts and theories related to nursing to holistic nursing care properly

**Section 3: Course Description and Design**

1. Course Description

Eastern philosophy and eastern wisdom in holistic health care; nursing theory, related concept and theories; including the concept of sufficiency economic philosophy and multicultural nursing

2. Number of Hours per Semester

Lecture/Discussion	Lab	Self-study	Field Practice	Tutorial
30	-	60	-	-

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## 3. Number of Hours per Week for Consultation

## 3.1 Hours assigned for individual consultation

	Week	Date	Hour
Asst Prof. Dr. Wantanee Wiroonpanich	1-8	Tuesday	12.00-13.00
Asst Prof. Dr. Prapaporn Chukumnerd	9-16	Monday	08.00-09.00

## 3.2 Hours assigned for group consultation/discussion at LMS@PSU 1 hour/week

Name	e-mail address	Office No
Asst Prof Dr. Wantanee Wiroonpanich	<a href="mailto:wantanee.w@psu.ac.th">wantanee.w@psu.ac.th</a>	2328
Asst Prof. Dr. Prapaporn Chukumnerd	<a href="mailto:prapaporn.c@psu.ac.th">prapaporn.c@psu.ac.th</a>	2305

3.3 Advisor and meeting hour for theory analysis is assigned following allocated in the schedule or outside the schedule by appointments.

## Section 4: Learning Outcomes

## 1. Morality and Ethics\*

Possess ethic behaviors in responsibility for self in term of analyzing and reporting the result of findings.\*

## 2. Knowledge\*

2.1 Demonstrate knowledge regarding nursing science, eastern philosophy and related knowledge to guild holistic nursing.\*

2.2 Apply knowledge related to multicultural to guild holistic nursing\*

## 3. Cognitive Skills

3.1 Analyze and synthesize knowledge from nursing sciences and other science related to nursing to improve the quality of nursing\*

3.2 Integrate knowledge of nursing theories, concepts, eastern wisdom, other related sciences and evidence base to provide a holistic nursing care\*

## 4. Interpersonal Skills and Responsibility

Be responsible in learning and also continuously updating self, professional, and social by concerning the benefit of mankind and multicultural\*

## 5. Numerical Analysis, Communication and Information Technology Skills

Demonstrate ability to use informatics technologies in self-learning and communicating via channels effectively\*

Note \* indicate the major responsibility of the course as pre-specified in the curriculum mapping

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## Section 5: Course Plan and Evaluation

## 5.1 Course Plan (Schedule)

Date (Week)	Time (Duration)	Topic	Teaching- Learning Methods	Lecturer
Aug 21, 17 (1)	1-1.30 pm (.50 hr)	- Course Orientation	Discussion	Dr. Wantanee/ Dr. Prapaporn
	1.30-3 pm (1.5 hrs)	<b>Unit 1</b> Eastern philosophy, eastern wisdom and implication in nursing	Discussion	Dr. Urai
	3-5 pm (2 hrs)	- Overview of Holistic Health and Complementary and Alternative Medicine	Discussion Assignment	Dr. Urai
Aug 28, 17 (2)	1-2 pm (1 hr)	- First meeting with the assigned advisor (Roy, Betty Newman, Orem)	Discussion	Dr. Wantanee/ Dr. Sasikarn Dr. Waraporn
	2-4 pm (2 hr)	<b>Unit 2</b> Philosophy of Nursing Theory and The Development of nursing knowledge, nursing theories, and theories related to nursing 1. Philosophy of Nursing 2. Nursing Theory and Nursing Development 2.1 Overview of Nursing theory 2.2 Evolution of Nursing Theory (Historical development and approaches to nursing theory) 2.3 The influence of theory from other disciplines History and theory used in Nursing	Discussion	Dr. Umaporn
	4-5 pm (1 hr)	2.4 The structure of knowledge in discipline in Nursing - Three paradigms in nursing Inquiries - Levels of Nursing theory	Discussion	Dr. Wantanee

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Sep 4, 17 (3)	1-2 pm (1 hr)	2.5 Components of Nursing Theory - Basic structure of nursing theory (Basic assumptions, concept & definitions, model, propositions/ theoretical assertions, relational statement	Discussion	Dr. Wantanee
	2-3 pm (1 hr)	2.6 Evaluation of Nursing theory - Guideline for analysis of nursing Theory	Discussion	Dr. Wantanee
	3-4 pm (1 hr)	2.7 Nursing theory and Nursing Practice and Nursing Research	Discussion	Dr. Wantanee
Sep 11, 17 (4)	1-3 pm (2 hrs)	3. Lazarus's Transition Model of stress, appraisal, and coping 4. Selye's Stress Theory	Discussion Assignment	Dr. Wandee
	3-4 pm (1 hr)	5. Philosophy of the Sufficiency Economy	Discussion	Dr. Wantanee Dr. Waraporn
	4-5 pm (1 hr)	<b>Unit 3</b> Application of nursing theories and theories related to eastern wisdom 3.1 Application of nursing theories and theories related to eastern wisdom to holistic nursing care	Discussion	Dr. Umaporn
Sep 18, 17 (5)	1-2 pm (1 hr)	- Second meeting with the assigned advisor (Roy, Betty Newman, Orem)	Discussion	Dr. Wantanee/ Dr. Sasikarn
	2-3.30 pm (1.5 hrs)	<b>Unit 4</b> Analysis of selected nursing theories/ theories related to eastern wisdom 4.1 Leininger's Transcultural Grand Theory	Discussion Assignment	Dr. Umaporn
	3.30-5.30 pm (2 hrs)	4.2 Caring : Technological competency as caring in nursing	Presentation Discussion and Reflection	Dr. Waraporn

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Sep 25, 17 (6)	1-3 pm (2 hrs)	4.3 Roy Adaptation Model	Presentation Discussion and Reflection	Dr. Sasikarn
	3-5 pm (2 hrs)	4.4 Orem's Self-Care Theory	Presentation Discussion and Reflection	Dr. Wantanee
Oct 2, 17 (7)	1-3 pm (2 hrs)	4.5 Thai Traditional Medicine	Discussion Assignment	Dr. Urai
	3-5 pm (2 hrs)	4.6 Buddhism	Discussion Assignment	Dr. Urai
Oct 9, 17 (8)	1-3 pm (2 hrs)	4.7 Islam	Discussion Assignment	Dr. Urai
	3-3.30 pm (.50 hr)	- Course Evaluation	Discussion	Dr. Wantanee/ Dr. Prapaporn

## 5.2 Evaluation Plan of the Learning Outcomes

Learning Outcomes	Methods of Evaluation	Week	Weight
1	- Observing general behavior expression in class (such as punctuality, participate in class, meeting with advisor on time as appointment, and honest)	wk 1-8	5%
	- Classroom participation	wk 1-8	5%
2, 3, 4	- written report of theory implication (2-3 student/1 report)	wk 7-8	30%
	- Oral presentation of theory implication (2-3 student/1 presentation)	wk 5, 6	15%
	- Assignments (6 Assignments, individual)	wk 1, 4, 5, 7, 8, 9	30% (Assignment 5%)
	- written report of reflection of theory implication	wk 5, 6	10%

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Learning Outcomes	Methods of Evaluation	Week	Weight
5	- Group working (scored by friends)	wk 2-8	5%

## Section 6: Learning Resources

### 6.1 Required Textbooks/ Books

#### 6.1.1 Eastern philosophy/Eastern wisdom

- Dossey, B. M., Keegan, L., Guzzetta, C. E., & Kolkmeier, L. G. (2005). *Holistic nursing: A handbook for practice* (4th ed.). Maryland: An Aspen Publication.
- Hiriyanna, M. (1995). *The essentials of Indian philosophy*. Delhi: Motilal Banarsidass.
- Payutto, P. (1995). *Buddhadhamma: Natural laws and values of life*. (Translated by Olson, G.A.). New York: State University of New York Press.
- Suntimee, S. (2000). *Wisdom of the east: Stories of compassion, inspiration, and love*. Chicago, IL: Contemporary Books.

#### 6.1.2 Theories related to nursing

- Pender, N. J. (1996). *Health promotion in nursing practice* (3rd ed.). Stamford: Appleton & Lange.
- Lazarus, R. S., & Folkman, S. (1984). *Stress, appraisal, and coping*. New York: Springer.
- Selye, H. (1956). *The stress of life*. London: McGraw-Hill Book.

#### 6.1.3 Nursing Theories

- Fawcett, J. (2000). *Analysis and evaluation of contemporary nursing knowledge: Nursing models and theories*. Philadelphia, PA: F.A. Davis.
- Leininger, M. M. (2001). *Cultural care diversity & universality: A theory of nursing*. Sudbury: Jones and Bartlett.
- Meleis, A. I. (1997). *Theoretical nursing: Development and progress*. Philadelphia, PA: J. B. Lippincott.
- Orem, D. E. (1995). *Nursing: Concept of practice* (4th ed.). St.Louis, MO: Mosby-Year Book.
- Roy, C., & Andrews, H. A. (1999). *The Roy adaptation model*. Norwalk, CT: Appleton & Lange.

### 6.2 Suggested Books and Other Resources

#### 6.2.1 Books

- Fawcett, J. (1993). *Analysis and evaluation of nursing theories*. Philadelphia, PA: F.A. Davis.
- Fawcett, J. (1995). *Analysis and evaluation of conceptual models of nursing*. (3rd ed). Philadelphia, PA: F.A. Davis.
- Pender, N.J. (1996). *Health promotion in nursing practice* (3rd ed.). Stamford: Appleton & Lange.

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## 6.2.2 Journal

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## 6.2.3 Electronic databases or websites

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**Special note**

A guideline for writing an analysis report

## 1. A paper includes

## 1.1 Introduction

## 1.2 Content consists of

## 1.2.1 Analysis of a selected population

## 1.2.2 Analysis of health situation and problems of the selected population

## 1.2.3 Identification and analysis of concepts in a selected philosophy you choose to solve the health problems or improve the care for the selected population

## 1.2.4 Description of appropriateness of a philosophy/ theory of your interest and the implementation of the philosophy/ theory in caring for the selected population, for example; how Islamic philosophy fits with caring for dying Muslim patients hospitalized in the hospital. Research evidence related to the implementation of the concepts in the theory should be provided.

## 1.3 Summary

2. The paper is written in a format according to the Report Writing Manual of Faculty of Nursing, Prince of Songkla University.
3. The paper shall not be longer than 15 pages excluding cover page, table of content, references and etc.
4. The report is submitted to the course-coordinator one week after the presentation.
5. Students are expected to meet the lecturer at the time allocated in the schedule or outside the schedule by appointments.

**Assignment**

Assignment will be assigned later by Dr Wandee, Dr. Urai, and Dr. Umaporn.

*Umaporn*  
20 July, 2018

### The regulations of giving graduate students feedback

According to the consensus of the graduate committee in the meeting 2/2017 on February 6, 2017, Faculty of Nursing, the regulations of giving graduate students feedback about their assignments/paper are as follows;

1. The lecturers must give feedback within 1-2 weeks after students have submitted their assignments/paper.
2. The students must submit the last assignments/paper before due date, so that they can be read and reviewed before giving feedback. The students will get feedback after their presentation of the final assignments/paper in class.

### Course evaluation and grading

Any incoming doubts or queries about the course evaluation and grading will be welcome, please email or contact a course coordinator within this semester or one semester following of this semester.

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