

Faculty of Nursing, Prince of Songkla University  
Course Syllabus

**Section 1: General Description**

1. Code and Course Title    646-532 Advanced Nursing for Adults and Elders
2. Credit                            3(3-0-6) Discussion 45 hours, self-study 90 hours
3. Program                            Master of Nursing Science (International Program)
4. Course Coordinator            Assoc. Prof. Dr. Kittikorn Nilmanat  
     Coordinator Assistant        Assistant Professor Dr. Khomapak Maneewat
5. Semester/ Year/ Academic Year    2/1/2017
6. Classroom Room                    3201, 3rd Building

**Section 2: Course Objectives**

1. Course Objectives

After completion of this course, students will be able to

- 1.1 Analyze concepts, theories related to health promotion in adults and elders
- 1.2 Explain concepts, theories, holistic care, and caring system that integrating eastern wisdom in a multicultural context
- 1.3 Analyze common nursing phenomena found in health promotion, symptom management, and advanced adult and elderly nursing in acute, chronic, critical, and end-of-life phase, including in emerging diseases and disaster with considerations to holistic nursing and multicultural care context
- 1.4 Synthesize and utilize the relevant evidences to establish a set of nursing interventions for specific or selected population to achieve holistically and culturally sensitive positive health outcomes.

**Section 3: Course Description and Design**

1. Course Description

Concepts, theories, caring system, health promotion, common health problems, symptom management, advanced adult and elderly nursing in acute, chronic, critical, and end-of-life phase, emerging diseases, disaster based on evidence; integrating eastern wisdom and holistic nursing in multicultural context

*Ploenput  
Dec 28, 2017*

## 2. Number of Hours per Semester

Lecture/Discussion	Lab	Self-study	Field Practice	Tutorial
45	-	90	-	-

## 3. Number of Hours per Week for Consultation

## 3.1 Hours assigned for individual consultation

	Week	Date	Hour
Assoc. Prof. Dr. Kittikorn Nilmanat	1-4	Monday	12.00am.-1.00 pm.
Assist. Prof. Dr. Khomapak Maneewat	5-8	Tuesday	8.00-9.00 am

Course coordinator will inform students about hours assigned for individuals/group consultation/discussion on the orientation section on the first day of the course and will announce the consultation time via LMS2@PSU. Students have to make appointment with the course coordinators or advisors as scheduled.

## Section 4: Learning Outcomes

## Expected learning outcomes

## 1. Moral and Ethics

Demonstrate ethical standard in conducting research and academic work (ELO 1.3)

## 2. Knowledge

Describe nursing concepts and principles, eastern wisdoms, and related disciplines in order to study intensively and develop nursing practices holistically (ELO 2.1)

Apply updating nursing knowledge to care for clients (ELO 2.2)

## 3. Intellectual skills – spacing errors

Analyze and synthesize nursing knowledge and related disciplines in order to improve quality of nursing practice. (ELO 3.1)

Screening essence knowledge and information to educate or facilitate to promote learning or consultation for patients/clients, family caregivers, nurses and health care team (ELO3.3)

Plan for guideline to solve problems and develop care model/nursing innovation/practice guideline for patient care (ELO3.4)

## 4. Interpersonal skills and responsibilities

Demonstrate responsibility in learning and developing yourself, including to profession and society for the benefit of mankind and multicultural continuously (ELO 4.3)

*Ploenput  
Dec 28, 2017*

### 5. Numerically analytical, communication and information technology skills

Screening quantitative and statistics information in order to study intensively, conclude and provide recommendations for solve problems in care for adults and elders (ELO 5.1)

Use updating information technology for self-study and communicate information and studied findings to academic group (ELO 5.3)

### Section 5: Course Plan and Evaluation

#### 5.1 Course Plan (Schedule)

Period/ Date	Time (duration)	Topic/Detail	Teaching- learning activity	Lecturer / s
Wk 1 8 Jan	1.00 – 1.30 pm. 0.5	Course orientation	Discussion	Assoc.Prof. Dr. Kittikorn Nilmanat, Asst. Prof. Dr. Khomapak Maneewat
	1.30 – 3.30 pm. 2	Unit 1: Evidence-based clinical decision-making and its application in nursing practice	Discussion	Asst. Prof. Dr. Khomapak
	3.30 – 4.30 pm. 1	Meeting with an advisor 1: identify interested topic and plan for selected phenomenon study	Discussion	Assoc.Prof. Dr. Kittikorn, Asst. Prof. Dr. Khomapak
9 Jan.	1 – 4.00 pm. 3	Unit 2 Advanced Nursing in Holistic care 2.1 Definition/Components 2.2 Transcultural care 2.3 Integration of eastern wisdom into care 2.4 Roles of advanced practice nurses in holistic health care	Discussion Exercise 1	Assoc. Prof. Dr. Praneed Songwattana. Asst. Prof. Dr. Tippamass Chinnawong
Wk2 15 Jan.	1.00 – 3.00 pm. 2	Unit 3 Advanced Nursing in health promotion 3.1 Definition/components/process 3.2 Goals/impacts/quality of life 3.3 Health promotion policies and strategies	Discussion	Asst. Prof. Dr. Natenapha Khoopuntawee , Asst. Prof. Dr. Kanitta Naka

*Ploenjit  
Dec 28, 2017*

Period/ Date	Time (duration)	Topic/Detail	Teaching- learning activity	Lecturer / s
	3.00 – 5.00 pm. 2	3.4 Theories related to health promotion: Self-efficacy, Self-management, Empowerment and, Health Promotion Model 3.5 Application of health promotion theories to achieve behavior modification	Discussion  students- led discussion	Asst. Prof. Dr. Natenapha & Asst. Prof. Dr. Kanitta
16 Jan.	1.00 – 4.00 pm 1 1 1	Unit 4 Care system 4.1 Illness trajectory 4.2 Care for adults across life span and health status 4.3 Continuum of care	Discussion	Asst. Prof. Dr. Wipa Saesia, Asst. Prof. Dr. Wipa Assoc. Prof. Dr. Kittikorn
Wk 3 22 Jan.	1.00 – 3.30 pm. 2.5  3.30 – 5.00 pm. 1.5	Unit 4 Care system 4.4 Concepts of nursing care for elderly clients 4.5 Palliative care and end of life care	Discussion  Discussion /exercise 2	Asst. Prof. Dr. Kanitta & Asst. Prof. Dr. Chantra Promnoi Assoc. Prof. Dr. Waraporn Kongsuwan
23 Jan.	1.00– 2.30 pm. 1.5 2.30 – 4.00 pm. 1.5	Unit 5 Common health problems in advanced nursing for adults and elders 5.1 Non-communicable disease 5.1.1 Patients with respiratory diseases 5.1.2 Patients with renal diseases	Discussion  Discussion	Asst. Prof. Dr. Busara Muansri Asst. Prof. Kantaporn Yodchai
Wk 4 29 Jan.	1.00 – 2.30 pm. 1.5 2.30 – 4.00 pm. 1.5	5.1.3 Patients with diabetes, hypertension, and cardiovascular diseases 5.2 Health Promotion in chronic illness	Stuents- led discussion Discussion	Asst. Prof. Dr. Tippamas Assoc. Prof. Dr. Freida Chavez

Period/ Date	Time (duration)	Topic/Detail	Teaching- learning activity	Lecturer / s
30 Jan.	1.00– 4.00 pm. 3 4.00 – 5.00 pm	5.3 Nursing situation on patients with communicable disease and emerging diseases Meeting with the advisors 2: Individual selected phenomenon study progress and discussion	Discussion Discussion	Assoc. Prof. Dr. Kittikorn & Dr. Ratjai Vejprasit Assoc.Prof. Dr. Kittikorn, Asst. Prof. Dr. Khomapak
Wk 5 5 Feb	1.00 – 3.00pm. 2	5.4 Nursing situation on patients with cancer	Discussion Exercise 3	Asst. Prof. Dr. Hatairat Sangchan
6 Feb	1.0 – 3.00 pm. 2	1 <sup>st</sup> Presentation of the individual selected nursing phenomenon study	Discussion	Assoc.Prof. Dr. Kittikorn, Asst. Prof. Dr. Khomapak
Wk 6 12 Feb.	8.00 – 9.00 1	Meeting with the advisor 3: Report writing of individual selected phenomenon study	Discussion	Assoc.Prof. Dr. Kittikorn, Asst. Prof. Dr. Khomapak
	1.00 – 2.30 pm 1.5	5.7 Nursing situation on patients with pain	students- led discussion	Asst. Prof. Dr. Khomapak
	2.30 – 4.00 pm 1.5	5.8 Nursing situation on patients with wounds	students- led discussion	Asst. Prof. Dr. Wipa
13 Feb.	1.00– 4.00 pm. 3	5.9 Nursing situation on patients with critical illness: Early warning scores and update on the management of shock patients	Discussion	Asst. Prof. Dr. Khomapak
Wk 7 19 Feb.	1.00 - 4.00 pm. 3	5.10 Nursing situation on patients with trauma and in a disaster	Discussion Exercise 4	Assoc. Prof. Dr. Praneed, Dr. Jintana Damkliang
20 Feb.	1.00– 4.00 pm. 3	2 <sup>nd</sup> Presentation of the individual selected nursing phenomenon study	Discussion	Assoc.Prof. Dr. Kittikorn, Asst. Prof. Dr. Khomapak

Period/ Date	Time (duration)	Topic/Detail	Teaching- learning activity	Lecturer / s
	4.00 – 4.30 0.5	Course evaluation	Discussion	Assoc.Prof. Dr. Kittikorn, Asst. Prof. Dr. Khomapak
Wk 8 26 Feb.	1.00 – 3.00	Final examination (open book exam)		Assoc.Prof. Dr. Kittikorn, Asst. Prof. Dr. Khomapak

Note : Each student will select one topic to lead the 1.5-hour discussion (student-led discussion) from the following topics: 3.5, 5.1.3, 5.7, 5.8

### 5.2 Evaluation Plan of the Learning Outcomes

ELO	Evaluation methods	Week for evaluation	percentage
LO 1.3, 2.1, 2.2, 3.1, 3.3, 3.4, 4.3, 5.1, 5.3	- Student led discussion (1 topic/2 student) (Form. 01-22)	2, 4, 6 topics: 3.5, 5.1.3, 5.7, 5.8	Led discussion 10% Participation 10%
	- Participation in class (Form. 01-42)	1 - 8	Participation 10%
LO 2.1, 2.2, 3.1, 3.4	- Exercise	1, 3, 5, 7 หัวข้อ 2, 4.5, 5.4, 5.10	20 % (5% for each exercise)
LO 1.3, 2.1, 2.2, 3.1, 3.3, 3.4, 4.3, 5.1, 5.3	- Nursing phenomenon study presentation	5, 7	10 % (5% for each presentation)
	- Nursing phenomenon study report (Form. 01-17)	8	20 %
LO 2.1, 2.2, 3.1, 3.3, 3.4	- Examination (except topic that include exercise)	8	30 %

Note: Students can request for disclosure of an unexpected mark/grade within the next following semester only

## Section 6: Learning Resources

### 6.1 Required Textbooks/ Books

- Boltz, M., Capezuti, E., Fulmer, T., & Zwicker, D. (editors) (2016). *Evidence-based geriatric nursing protocols for best practice*. (Fifth edition). New York, NY: Springer Publishing. WY152 E93 2016
- Larsen, P. D. (2016). *Lupkin's Chronic illness: Impact and Interventions* (9th ed.). Boston, NY: Jones and Bartlett.
- Lewis, S. L., Bucher, L. & Heitkemper, M.M. (editors). (2017). *Medical-surgical nursing: assessment and management of clinical problems*. (10 edition). St. Louis, Missouri: Elsevier, Inc.
- Melnyk, B. M. & Fineout-Overholt, E. (2011). *Evidence-based practice in nursing and health care: A guide to best practice*. Philadelphia: Wolters Kluwer/Lippincott Williams & Wilkins.
- Pender, N., Murdaugh, C., & Parsons. M. (2011). *Health promotion in nursing practice* (6th ed.). Upper Saddle River, NJ: Pearson.
- Urden, L. D., Stacy, K. M., & Lough, M.E. (Eds.). (2010). *Thelan's critical care nursing: Diagnosis and management* (6th ed.). St. Louis: Mosby Elsevier.

### 6.2 Suggested Books and Other Resources

#### 6.2.1 Books

- Farrell, C. (2016). *Advanced nursing practice and nurse-led clinics in oncology*. London: Routledge. WY156 A244 2016
- Good, V. & Kirkwood, P.L. (2018). *Advanced critical care nursing*. (2nd ed.). St. Louis, Missouri: Elsevier. WY154 A244 2018
- LaCharity, L. A. & Kumagai, C. K. (2016). *Clinical nursing judgment study guide for medical-surgical nursing: patient-centered collaborative care*. (8th ed.). St. Louis, Mo: Elsevier. WY16 L132c 2016
- Melnyk, B. M. & Fineout-Overholt, E. (2015). *Evidence-based practice in nursing and health care: A guide to best practice*. Philadelphia: Wolters Kluwer/ Lippincott Williams & Wilkins. WY100.7 M527e 2015
- Urden, L. D., Stacy, K. M., & Lough, M. E. (Eds.). (2018). *Critical care nursing: diagnosis and management* (8th ed.). St. Louis: Mosby Elsevier. WY154 U74c 2018

#### 6.2.2 Website

- <http://joannabriggs.org/>
- <http://ebn.bmjournals.com>
- <http://www.clinicalevidence.com>
- <https://www.aacn.org/>

### Guideline for a selected nursing phenomenon study

A selected nursing phenomenon study provides an opportunity for a Master's student in adult nursing to summarize characteristics, causes or related factors to the selected concept/phenomenon in adults at all ages and in a variety of state of illness (healthy, high risk or those with illness, in acute, chronic, critically ill, dying, or encounter disaster). Students have to explore characteristics of the selected concept/phenomenon, identify causes or related factors to that selected concept/phenomenon. In addition, students need to identify the methods and tools to be used to determine that selected concept or phenomenon and analyze evidence-based nursing interventions. This activity will help the student to become an expert in a certain area. Each student has an advisor that will make an appointment to discuss and consult throughout the study.

### Schedules of a selected nursing phenomenon study

Date	Activities
Jan 8, 2018	Attend the course orientation, the course coordinators identify scope of a selected nursing phenomenon study
Jan 8, 2018	First meeting with advisor to work on individual selected phenomenon study with main focus on selecting topic and plan
Jan 12, 2018	Submit the topic of selected concept/phenomenon to the course coordinator
Jan 9-26, 2018	Search and analyze research studies or academic articles related to the topic, and submit the evidence-based table presenting at least 3 research studies to the advisor
Jan 30, 2018	Second meeting with the advisor to report the progress, and discuss the student's evidence-based table
Feb 6, 2018	First presentation Review evidence-based research and summarize the main ideas constructed from the review especially the nursing interventions, best practice nursing guideline, and outcome Prepare the draft report
Feb 12, 2018	Third meeting with advisors to discuss and refine the report
Feb 13-19, 2018	Refine the final version of the report, including the analysis and synthesis of the nursing interventions, best practice nursing guideline, and outcome
Feb 20, 2018	Second presentation of the selected concept/phenomenon Each student has 10 minutes for presentation and 5 minutes for questions and discussion (total 15 minutes). Handouts of the presentation for other students, advisor and course coordinator are required.
Feb 27, 2018	Submit one copy of the report to the course coordinator



### Outlines for a selected nursing phenomenon report

The following is an example of a selected nursing concept/phenomenon report. Students may need to modify this guideline with suggestion of advisors to appropriately fit the contents of the report that consist of:

1. Background and significance of the selected concept/phenomenon that is needed to be addressed for better nursing care practice
2. Objectives of the study
3. Study methodology containing essential details of each step
4. Study results
  - 4.1 Assessment tools to assess the selected phenomenon
  - 4.2 A set of evidence-based nursing interventions of the selected phenomenon
  - 4.3 Outcome evaluation tools after implementing the established evidence-based nursing interventions, focusing on positive health outcomes of patient
  - 4.4 Summarize characteristics, causes and related factors of that selected concept/phenomenon, tools used to assess that concept and nursing intervention to overcome the nursing problem(s) related to that selected concept/phenomenon, and study outcomes.
  - 4.5 Implications to clinical nursing practices
5. Summary, lesson learned and recommendation
6. References and/or bibliography
7. Appendices
  - 5.1 Evidence-based table
  - 5.2 Tool related to the concept which you plan to utilize in clinical practice
  - 5.3 Protocol of research evidence utilization that you are going to implement in the practicum course.

### The regulations of giving graduate students feedback

According to the consensus of the graduate committee in the meeting 2/2017 on February 6, 2017, Faculty of Nursing, the regulations of giving graduate students feedback about their assignments/paper are as follows;

1. The lecturers must give feedback within 1-2 weeks after students have submitted their assignments/paper.
2. The students must submit the last assignments/paper before due date, so that they can be read and reviewed before giving feedback. The students will get feedback after their presentation of the final assignments/paper in class.